

North Star NEWS

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A Note from the Principal...

Students and staff are excited to begin this new school year and we have enjoyed seeing all the smiling faces. Teachers have been working hard on teaching routines and expectations to ensure that our classrooms are safe and welcoming to students. This year we will continue to use our social emotional curriculum called Second Step. This will ensure all students get instruction on important skills like problem solving, friendship skills, emotion management and empathy. This month we will be focusing on our school expectations of being safe, responsible and respectful.

Student safety is one of our priorities at North. Starting on Monday we will be utilizing our new safety feature, a video door bell. This will allow us to keep the front door locked and allow visitors in once we can verify their purpose and identify. There is a door bell to the right of the door that visitors can push and it will allow our office staff to see them and communicate with them and unlock the door from their desk. Please have patience with us as we implement this new system.

Warmly,

Star Stone

Dates to Remember

- 9/23 No School - Omak Native American Day
- 9/30 Open House 5:30 - 6:30pm
- 10/7 No School
- 10/10 Indigenous People Day

Attendance:

Your child's attendance is crucial at this age. It is important for them to develop healthy habits and routines. Here are a few ideas to help create healthy habits for your child:

- Make sure your child gets plenty of rest each night. Elementary students need at least 10-11 hours of sleep each night. Making sure they go to bed early enough to ensure they have at least 10-11 hours of sleep will give them a great start to their day.
- Make sure your child gets 60 minutes of physical activity each day.
- Make sure your child gets plenty of water to drink.
- Let children choose what clothes they'd like to wear the next day. This allows your child to feel empowered and part of the process to be ready for school.

~ Chris Miller

created by Shari Marcial



OPEN HOUSE

Please join us on Thursday, September 29th from 5:30 - 6:30 pm to see your child's classroom & see all the great work they have done so far.

How can I help my student *SUCCEED* in school?

Help your student maintain a daily routine.

Make sure your child is getting plenty of sleep.

Read with your student every night.

Contact your child's teacher with any questions or concerns.

Ask your children about school and encourage them to talk about their day.

School Counselor, Brenda Worden bworden@omaksd.org



VOLUNTEERS
MAKE A DIFFERENCE
SIGN UP TODAY!

We are happy to welcome classroom volunteers back into our building. If you are interested in being a regular volunteer, please use the link below to complete the Google form. This will give our HR department permission to run a background check to clear you to be in the building on a regular basis. After the background check is complete, you will be asked to submit a copy of your Covid vaccination record or submit the vaccination accommodation form. Parents that will just be coming in for a classroom party or event do not need to complete the background check, only those that will be volunteering on a regular basis. If you have any questions, please contact our volunteer coordinator, Chris Miller at

cmiller@omaksd.org or (509) 826-2380

Volunteer Form: <https://forms.gle/5Av3ACNgDSd8w3c57>

COVID Corner:

When we have a confirmed COVID case in a classroom, you will receive a letter in your child's backpack and an automatic call to let you know that a student or staff member has tested positive for COVID-19. This means your child is allowed to continue to come to school as long as your child is not experiencing symptoms.